The Happy Times

Praha Village

9/1/2024

<u>"Aint We</u> Got Fun?!" –Peggy Lee

From Our Pastor's Heart:

Dear Friends in Faith,

When was your last bike ride? Or maybe a better question, do you remember when you first learned how to ride a bike? At first, there are some things to get used to, like the feel of the bike and the balance required to stay up on two wheels. But once you learn, it sticks with you.

This summer we have reconnected with biking. We're not serious cyclists, but enjoy getting out on our bikes locally, and going for 3-5 mile rides. While biking is exercise it feels more like fun than work (ok, going uphill can feel like work!). It is good for your heart and legs but more so, it is fun to cruise and feel the wind in your hair. We go through neighborhoods and see people out and about: kids playing on swing sets, people watering their flowers, folks walking their dogs. I'm reminded that there are lots of people doing regular ordinary things. I'm reminded that there is joy in the little things. It's easy to get caught up in the harshness of daily news, the election, and the ups and downs of professional sports. Sometimes, those things leave us feeling down and discouraged. But seeing people doing regular ordinary stuff, smiling, laughing and taking in the beauty of God's creation reminds us that there is goodness in our world and in our communities. So, as you step into fall, take notice of some ordinary little things, like school buses en route, the beauty of mums, and zucchinis from a garden. These are reminders of God's goodness in our world and in our lives.

~ With joy and peace, Pastor Jeanne

"I am confident of this: I will see the goodness of the Lord in the land of the living." Psalm 27:13



~September Birthdays~

Anna Mae W.-4

Barb M.-4

Lloyd S. -6

Char E.-16

Carol T.-22

Ron S. -24

Juanita P.-24

Gary H.-25

Rose B.-28

August Highlights!

- A good group came out for our Lydia Farmer's Market Outing! Some items that were purchased: tomatoes, Gladiolas, Basil, & honey sticks.
- Teen, volunteer cell phone experts were here to answer our phone questions! We had a lot of questions! They were a great help!
- There was a huge turn-out for the National Senior Citizen Gratitude party! There were a variety of float flavors available to choose from!
- Many ladies came to enjoy coffee, tea, and donuts with Laurie. Some enjoyed making refrigerator pickles! We had lots of laughs!
- Gertie Mae, Elvis, and even Dolly Parton came to our State Fair Day!
 We played some of our favorite games, and enjoyed some new ones as well...like, "Hoop-a-Chair" and "Fish-a-Fortune!" Dolly will be back from the Smokey Mountains of Tennessee for at Halloween pictures!
 We also enjoyed Sweet Randi's Cookies and cotton candy!
- A "Triple Trip" to Savage ended the month with a bang! Lunch at Arby's proved to hit the spot! Many residents purchased new clothing, treats, Halloween décor, blankets, and plants! Ain't we got fun?!

~ Coming Up In September ~

- Krista is coming back to our Live 2 B Healthy Class!
- Happy Grandparent's Day! September 8th!
- 2nd Floor is going on an Ice Cream Sandwich Bus Ride! 3rd and 4th floors will have an opportunity in months to come!
- We are having a "Farewell to Summer" Tunes and Floats Party!
 Wear your most colorful clothing!
- Dozinky Days Parade Opportunity on September 21st
- Senior Sessions with Dan Puls is back!
- Back-to-School Trivia is coming! Come see the new teacher!
- Keep your calendar close by so you don't miss any of the FuN!